

Therapist Referrals

The information below is provided to offer support in finding a therapist for yourself, your family, or a loved one. I offer this as a courtesy, since it is a question that comes up frequently and am happy to help point you in a direction on your search! Always go with whatever fits you and your needs best!

Search Engines: [Therapy Den](#) & [Psychology Today](#)

(You can filter search results by details such as insurance type, gender, and issues treated.)

<u>Practice</u>	<u>Phone</u>	<u>Location</u>
Neurodiverse Counseling https://www.neurodiversecounseling.com/ ✨ Offers parental/family/child therapy ✨ 🏳️‍🌈 LGBTQ-affirming	480-531-1076	Scottsdale
Erised Counseling ERI Counseling ✨ EMDR ✨ 🏳️‍🌈 LGBTQ-affirming	602-899-1374	Phoenix
Therapy Luv https://www.therapyluv.com/therapy ✨ EMDR ✨ Anti-Racist & 🏳️‍🌈 LGBTQ-affirming ✨ Offers couples/family/child therapy	520-352-7924	Mesa
Kona Counseling https://www.konaaz.com/team ✨ Offers couples/family/child therapy	480-581-5900	Gilbert, Tempe, Tucson
Taproot Therapy https://taproottherapy.com/OurTeam.aspx	480-307-6446	Tempe
Cordell Pearson https://freedomtohealcounseling.com ✨ EMDR	480-256-9799	Scottsdale
Inner Balance https://www.innerbalanceaz.com/	602-675-6185 x1	Mesa & Tempe
Kristen Pantermarakis https://liberationcounselingcenter.com/contact/ ✨ EMDR	480-442-5730	Scottsdale
Teri's Health Services https://terishealthservices.org ✨ Takes AHCCCS ✨ Clinic with multiple services	602-358-7073	Phoenix & more
New Horizon https://www.nhccservices.org/ ✨ Takes AHCCCS ✨ Residential Services	480-722-2730	Multiple

Disclaimer: This list is just a courtesy to help assist folks in Arizona looking for a therapist. Make sure to speak to the practice directly to confirm the current details of the practice. My practice does not receive any kick-backs for referrals, nor any endorsements or guarantees that therapists listed are a 'good fit' for each person.